

Iai inaomatan te aomata bwa ena kukurei ao n mwengaraoi n online. Ma aomata aika iai toaraan rabwataia a kona n rangin rotaki n kangabuaka n aron te discrimination (te kairiribai), te bullying ke te physical, mental ao emotional abuse (ke bwainikirinakia n te aro ae kammarakaki rabwataia, aia iango ao aia namakin).

Te discrimination, bullying ao te abuse aaki butimwaeaki and n riai n katokaki – n te online ao te real life.

A rao ni koaua e riai n:

- Akoi ao n karinerine.
- Aki kananokawakiko.
- Tuangko bwa ko na karaoa te bwai ae koaki kukurei n karaoia.

Ibuobuoki tabeua aron kamanoam ma tabeman nte online:

1. Kamanoa am email ao am social media accounts rinanon [kabonganan tenan strong passwords](#) ao te [two-factor authentication](#). Titirakina temanna ae ko onimakinna buokam n aei, ngkana ko kainanoia.
2. Tai mwaninga n kaina am mataroa ngkana ko kitana am auti. Aekakina raoi aei n te online – tai share ke n kaota am password ma temanna. Tiaki naba nakoia raoraom, ke am utu. E aki materaoi karaoan aei bwa e mwaiti riki te kanganga iai.
3. Tai share naba private information n aron am tabo n maeka, nambwan am tareboon ke am bank details ma aomata ae ko aki kinaia.
4. Mwaitin rikiraken am friend list ke raoraom, mwaitin naba ae ko kaungaki bwa ko na kakaninganinga am privacy settings bwa e na teimatoa n kamanoko n taainako.
5. Ngkana iai te bwai ae ko noria online ae eaki raoiroi nakoim, ke ae koaki oota iai, tuanga temanna ae ko onimakinna.
6. Butimwaei tenan friend requests bon ti mairouia aomata ae ko kinaia.

Ngkana ngke ke temanna riki, kam rinanon te online bullying ke te abuse, ibukin toaraan rabwatami:

1. Ngkana raoraom ao titiraki ngkana e raoiroi, ao buokia ngkana e kan share ana kanganga ma ngke.
2. Kaungaa bwa e na taetae ma tabeman aika e onimakinia ibukin buokana ke kaungakina.
3. Kauringia bwa a kona n [ribotinia](#) aomata ke waki aika bubuaka nakoia nake tabeia kabutan te online site are e riki iai te kanganga ane. Anga nanom n ibuobuoki n aei ngkana ko kona, ke kaungaia bwa karekea buokaia mairouia tabeman riki ae a onimakinia.
4. Ngkana iai ae kataoaraiko, ke ngkana kabonganan te Facebook e kamwaita rawawatam ke raraomam, maroroakina aei ma temanna ae kaan nakoim (ae ko onimakinna). E kaungaaki kamwawaan te tai man te social media.
5. Ngkana iai te bwai ae ko raraoma iai iroun raoraom, kaninganingaia.
6. Ngkana iai te bwai ae ko namakinna bwa e aki riai, iai te bwai ae ko tabeaianga iai ke ko mwebuaka iai, kakauonga nakon am namakin ao onimakinna ao karekea buokam mairoun ae ko onimakinna.

Ibukin rongorongona riki, kawara te Netsafe New Zealand ibukin kamatata iaon te [bullying ao te abuse](#).

