

Raon long disfala wol, pipol garem akses long infomeisin moa den bifoanonlaen an long sosol midia, an long tradisinol midia osem redio, niuspepa an televison. Hemi impotent foa everiwan tingting gud an save hao foa mek sens long disfala infomeisin so dat iumi save mek sua dat iumi aksesim tru infomeisin, an avoidim foa givim no raet infomeisin o laya nius.

Wat nao sosol midia litaresi?

Wanfala man hemi save long sosol midia save 'ridim' everi kaen midia-inkludim televison, an redio, niuspepa, an infomeisin long intanet. Oketa save andastandim, analaesim an tingting gud abaotim disfala infomeisin oketa tekem.

Foa iu save sosol midia litaret, hemi impotent foa iu tingting gud abaotim wat kaen infomeisin long iu, wea hemi kam from, an wae oketa wakem.

Hao foa spotim infomeisin wea hemi no tru

Infomeisin hemi no tru save kosim ham. Hemi save samting iu ridim, herem, o samwan kkolsap long iu searem, osem wanfala fren o famali memba. Samfala eksampol hemi inkludim medesin foa siki o medikol kondison, o oketa stori wea hem save wakem man foa fraet, kros, o sore.

Hemi impotent foa lane hao foa spotim infomeisin hemi no tru an hao foa talem diferens bitwin tru samting, tingting blong samwan, o samting wea hemi no tru. Iu save doim diswan taem iu folom disfala fo fala step

1. I Tekem **ful stori**. No bilivim everi ting iu lukim o herem long sem taem.
2. Sekem **sos** - waswe hu na wakem disfala infomeisin o kontent an if oketa garem repiuteisin foa talem tru infomeisin? Wat nao motiveisin blong oketa? Wea nao oketa stei?
3. Sek foa **evidens** dat disfala infomeisin hemi stret an tru. Iu mas wari if iu lukim kleim, piksa, namba, kwoteisin o deit wea no garem sos, hemi luk aot of deit o no garem eni konteks.
4. Tekem **ful konteks** - luk foa oketa narafala ripot o infomeisin from oketa tru sos foa verifaem if disfala infomeisin hemi korekt.

If iu lukim o herem infomeisin hemi no tru

1. No searem.
2. If iu postim, tekem daon o aotim.
3. If wanfala fren o famali member hemi searem, iu save talem ota gud wetem rispekt, foa eksampol iu sendm oketa wanfala praevet mesej.

Everiwan garem pat foa pleim foa help foa stopem infomeisin hemi no tru foa no spred. Iu mas tingting bifo a iu searem eni ting olowe.

Foa moa infomeisin, lukim Netsafe New Zealand's fact pepa long ['Hao foa lukim nius hemi no tru'](#).

