

Kuch log asal jindagi se online thor'a alag behave kare hai. U log brave feel kare aur aisan kuch bole sake hai jon koi ke chot pahuchaaye sake lekin muuh pe kabhi nahi boli.

Digital duniya me duusar ke ijrat karna aur difficult hove sake hai, kaahe ki sab visual jaankaari jon ham log ke usually madad kare wahaan pe nahi rahe.

Ham log u log ke aakh milaaye ke baat kare nahi sakta, u log ke awaaj nahi sune sakta, u log ke chahara nahi dekhe sakta ya u log ke feeling nahi bataaye sakta ki u log khushi hai, dukhi hai, gussa me hai ya fir bored hai.

Jon chiiz ham log bolta hai uske aasaani se galat matlab nikle sake, tabe ham log ke bahut kaam kare ke par'i aur sab se online communicate kare ke liye aur saawdhaan rahe ke par'i.

Differences ke ijrat aur accept karo

I jaruuri hai ki differences ke ijrat aur accept karo - sab log ek rakam nahi hai; u log alag-alag jagaah se aaye hai, u log ke alag beliefs aur cultures hai, aur alag-alag bhaasa me baat kare hai.

Agar aap positive aur productive connections dhyaan se banaayega, tab aap ek aisan community online banaayega jon suni, samjhi aur sange banaayi.

Kaise ham ijrat se communicate kari?

1. Yaad rakho ki har ek screen ke piiche, aap ke rakam ek insaan bhi hai. Sab log important hai, tab u log ke wahi rakam treat karo jaise tum mangta sab kon tumme treat kare.
2. Aap apan aur duusar ke najariya se sab chiiz soche ke yaad rakho aur u log ke differences ke accept karo aur sab log ke feelings, backgrounds aur najariya ke liye sensitive raho.
3. Khula dimaag se socho aur jaldbaaji me koi natiiija pe nahi pahucho: koi bhi kadam uthaaye se pahale apan aap se puucho ki aapke paas sab jaankaari hai ki nahi.

