

## Sapotim pikinini blong yu long stap seif onlain

Em orait sapos ol pikinini i save askim tumas long save long olgeta samting raun long ol, na ol papamama i wari long sefti blong ol pikinini long onlain na ausait. Hia em sampla samting yupla ken wokim wantiam long banisim famili blong yu:

### 1. Kamap wantaim ol famili lo wantaim

- o Hamas taim wan wan blong yupla i save stap onlain long olgeta de.
- o Toktok wantaim pikinini blong yu long wanem samting em lukim na kisim onlain.

### 2. Toktok wantaim long ol rilesensip igat rispek

- o Was gut olsem pikinini blong yu mas save long husat bikpla lain ol trastim.
- o Was gut olsem pikinini blong yu save em orait long tok 'nogat' na wei blong luksave long ol lain husat bai laik birua long ol.

### 3. Lainim samting yet

- o Askim pikinini blong yu long wanem ol fevoret websait o sosel midia apps, na daunlodim ol na traim aut ol yet.
- o Long lainim moa long wanem wei yu ken sapotim pikinini blong yu long stap seif onlain, yu ken go lukim ol displa risos we ol i kamapim blong ol papamama:

[netsafe.org](https://www.netsafe.org): Advice for Parents

[netsafe.org](https://www.netsafe.org): Parenting

[Facebook Parents Portal](https://www.facebook.com/parentsportal)

[Facebook Topic: Parents](https://www.facebook.com/parents)

[getsafeonline.org](https://www.getsafeonline.org): Safeguarding Children

[getsafeonline.org](https://www.getsafeonline.org): Protecting Yourself



## Sapos pikinini blong yu i painim sampla hevi long taim em go onlain

1. **Sapos pikinini blong yu i kros o i soim sain o i traim long bagarapim em yet, yu mas kisim helpim hariap. No ken lusim pikinini i stap em yet.**
2. **Painim aut wanem samting i kamap** – em ino leit long stat long toktok. Sapos yu wari olsem ol lain wok long buli o abiusim pikinini blong yu, no ken pret long toktok wantaim ol long displa na askim ol sapos sampla samting i kamap.
3. **Sapotim ol na harim toktok blong ol.** Pikinini blong yu mas pilim orait long opim bel blong em na tokau. No ken toktok tai mem i toktok na larim em i tokim yu wanem samting bin kamap.
4. **Stap wantaim ol na noken putim lo.** Pikinini blong yu i mas save olsem yu stap long helpim ol long taim ol i painim hevi olsem.
5. **No ken putim blem o sutim tok long pikinini blong yu** taim ol i buli long en, maskim sapos yu no amamas long en. No ken traim long jasim pasin ol mekim pastaim long hevi kamap.
6. **Serim ol eksperiens blong yu.** Soim olsem yu save long wari blong pikinini blong yu bai tokaut long wanem samting bin kamap long ol na hao ol i pilim.

7. **No ken traिम long mekim promis we yu no inap long bihainim**, tasol yu mas tokim pikinini olsem yu laikim ol lain painim gutpla wei blong stretim displa hevi.
8. **Givim sampla rot we ol inap long traिम stretim hevi blong ol**. No ken givim oda, tasol yu mas givim ol rot bilong stretim hevi na helpim ol long kamapim ol wei blong ol yet long stretim hevi blong ol. Pikinini blong yu mas bilip na pilim olsem em I gat han long eksen plen long em bai wok.
9. **Sapos yu pilim olsem pikinini blong yu I bungim birua, kisim eksen hariap tasol**. Sapos em I wok long kamap long skul blong pikinini blong yu, Toksave long skul prinsipel. Sefti blong pikinini blong yu em namba wan.
10. **Ripotim ol samting onlain we i kamapim birua long ol samting i kamap onlain igo long ol lain i givim sevis**. Sapos lain husat i wok long yusim wanpla onlain sevis long traिम bagarapim pikinini blong yu, yu mas ripotim. Yu ken mekim ripotim ol samting i kamapim birua long yu yet, pikinini blong yu na ol arapla lain long planti sait na sevis. Blong save moa long wei blong ripotim ol poto, video, posts, pipel o grup long Facebook we i kamapim birua, go long [Help Senta](#).  
Yu ken ritim tu [Facebook's Komyunit Standet](#) long save long wanem samting em i orait na wanem samting ino orait long displa pletfom.

## Sapos yu wari long pikinini blong yu i wok long lukim ol seks poto o ponograpi onlain

Yu laik toktok long pikinini blong yu long ol lain ol i stap wantaim, senis long bodi blong ol o wanem samting ol i lukim long intanet, tasol ol ino save we long statim? Hia em sampla aidia blong helpim yu long statim toktok.

1. Em ino leit tumas o hariap tumas long statim toktok blong tupla lain mas tok orait na imas gat rispek insait long rilesensip.
2. No ken mekim save long pikinini – sampla taim ol pikinini ino minim long painim ol piksa nogut, sampla taim ol pren isave serim wantaim ol na sampla taim ol i laik save tasol. Yu mas isi long ol na traिम long andastendim ol.
3. Bihainim gro blong pikinini blong yu na famili kalsa blong yu, yu ken tingting long tokaut long seks em i wanem samting. Ol toktok blong love na stap klostu long man o meri em impoten, wankain olsem ol toktok blong ol banis, wanem kain krismas em i gutpla long stap wantaim man o meri, na ol arapla ol pesonal veliu.
4. Sapos pikinini blong yu i bin lukim ol as nating poto long ol pren blong em o ol bikipela sumatin, yu mas Toksave long ol olsem em orait sapos ol i tok nogat na sanap ol yet namel long olgeta lain.
5. Strongim olsem em ino gutpla aidia long serim ol as nating poto wantaim narapla lain, o putim i stap long wanpla hap olsem long flash drive.



Blong lainim moa long hao yu ken sapatim pikinini blong yu long stap seif onlain, yu ken lusim ol displa [risos](#) we ol i bin kamapim blong ol papamama.

